CHAMPAIGN COUNTY BOARD OF HEALTH

Study Session

Tuesday, October 16, 2007

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The Board of Health held a study session on October 16, 2007 in Meeting Room 2 at the Brookens Administrative Center, 1776 East Washington, Urbana. The meeting was called to

Call to Order

Roll Call

Susan Maurer called the roll. Board members present at the time of roll call were Susan Maurer, Tom O'Rourke, Julian Rappaport, John Peterson, and Betty Segal. Absent Board members were Prashanth Gowda (who was out of the country), Stan James, Nezar Kassem, and Carrie Storrs (who was at a conference). Staff present were Kat Bork (Board of Health Secretary) and Susan McGrath (State's Attorney's Office). Others present were Nancy Greenwalt (CIDES Executive Director), Jill Meyers (CIDES), C. Pius Weibel (County Board Chair and CUPHD Board Member), and Claudia Lenhoff (Champaign County Healthcare Consumers).

Approval of Agenda/Addendum

order at 6:00 p.m. by Julian Rappaport.

MOTION by Peterson to approve the agenda; seconded by Segal. Motion carried.

Public Participation

There was no public participation.

Discussion of CIDES Appropriation in FY2008 Budget

Rappaport suggested allowing the CIDES staff to speak during the discussion in order to present information to the Board of Health. The Board and CIDES staff agreed. Greenwalt stated, at the last Board meeting, it was discussed to continue budgeting CIDES at \$105,000. Greenwalt said the Board has 3 choices: to maintain CIDES budgeting at the current level of \$105,000 annually, to increase funding for children, and to fund a new program for adults. Rappaport noted the Board added a one-time funding of \$15,000 to CIDES in the FY2007 budget. McGrath and Greenwalt confirmed that information. Rappaport asked if it was correct that CIDES was asking for \$130,000 for the children's program in FY2008, plus a separate \$50,000 to establish an adult dental program. Greenwalt said that was correct. Greenwalt offered to answer any questions from the Board members.

Rappaport articulated that the Board of Health has never established a process for evaluating programs that are proposed to the Board for funding. He requested the next meeting agenda include an item about the establishment of such a process. Segal asked if they had any data on the needs in the County to help set priorities. She liked the dental program, but wondered what else is needed in the County. Rappaport said that is a serious conversation that needs to begin at the next meeting. The Board has data, but no formal process for funding

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requests. McGrath spoke about the County Board's Juvenile Delinquency Grants that are funded by the Quarter Cent for Public Safety Sales Tax. The Justice & Social Services Committee found themselves in a similar position and arranged for the Mental Health Board to administer the application process and monitor the grants. The Mental Health Board has developed a set process where programs are vetted by them and the funding recommendations are brought to the County Board for approval.

Rappaport stated there is a need for the Board to understand the CIDES program and budget. He opened the floor for questions. Peterson asked about the CIDES budget and where the projected \$75,000 in Medicaid revenue was coming from. Greenwalt said CIDES uses their staff dentist to bill Medicaid; the dental team is broken out under staff expenses. CIDES bills Medicaid for the mobile clinics, the Head Start program, and IDPH for sealants. They bill Medicaid whenever the dentist accepts Medicaid. Most dentists do not accept Medicaid. Peterson asked for the Medicaid numbers for the program the Board of Health is funding. Greenwalt did not have those numbers. Peterson stated that all the children being served by CIDES are eligible for Medicaid. Greenwalt clarified that not all the children are enrolled in Medicaid and Peterson confirmed all the children were Medicaid eligible. Greenwalt confirmed most of the children should be Medicaid eligible. He said CIDES is using local dollars as a substitute for federal and state dollars because the dentists will not take Medicaid. However, if all the dentists took Medicaid as a form of payment, there would be much less expense on the County's part. Greenwalt explained Medicaid pays a fraction of CIDES's reimbursement rate. In some cases Medicaid pays 10% of the cost or less for severe cases. Peterson asked about the Medicaid reimbursement for the basic services like cleanings and sealants. Greenwalt CIDES has grown this since July and is billing for more. There are dentists who do not accept Medicaid, but participate in the CIDES program because they reimburse the dentists 50% of their costs. Peterson understood it is a national problem that dentists do not take Medicaid. Dentists are not on call like physicians or required to take whatever case comes in the door, as emergency room doctors and medical staff do. Physicians accept a lot more Medicaid compared to dentists. The problem Peterson has had with the CIDES model is that their dentists do not accept Medicaid, so the Board is substituting County money for available state and federal money. The model would work better if CIDES had a system where they could take those federal and state dollars and not need to ask for so much County money. Greenwalt said she calculated that CIDES is losing \$5,000 in revenue by not billing Medicaid. She feels the amount is small and it is easier to raise \$5,000 through donations or grants than bill Medicaid. Rappaport asked if Peterson was viewing the situation as the part the Board of Health provides support for is the services in the dental offices and this part takes little or no Medicaid. Peterson said that was correct. Rappaport asked if the Head Start clinics and mobile units programs would happen anyway if the Board was not supporting CIDES. Greenwalt said she has not figured out if CIDES would exist to support Head Start and mobile clinics if the County did not provide funding for the children's dental access program. A quick answer would be no. The anchor of the program is that children can get access to private practice dentists. Responding to Peterson, Greenwalt understood his frustration that private tax dollars are being used though most of the children's dental care should be covered by Medicaid. She said it just does not happen. CIDES has talked with Frances Nelson and CUPHD about a coordinated effort that they hope will be funded this fall to work with dental providers in the community to take more Medicaid patients. CIDES does want to work on a cooperative effort to get more dentists in Champaign County to take Medicaid.

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Lenhoff was recognized by Rappaport and spoke about fundamental flaws in the Medicaid in Illinois for oral health. She said there are a lot of things that Medicaid will not cover, such as a second exam a year. This program sets out to provide the best care possible. Advocates are working to get the Illinois Medicaid system to change.

Greenwalt said, in the comparison to medical providers, she does not have the Medicaid reimbursement rates for providers. Her sense is that Medicaid underpays on oral health care abysmally. Peterson said it is the same on the physician side; most of the physicians who accept Medicaid are quite underpaid. It is a federal and state challenge to Medicaid. Peterson reported that Frances Nelson is overwhelmed because they cannot get Medicaid or no-pay patients into the hospitals or private practice physicians. The CIDES model is avoiding or not using state and federal money, instead using local tax dollars to operate the program. He questioned if there is another model that would access the federal and state money. His suggestion of the best model was Frances Nelson, which receives 3 times as much for Medicaid encounters as the private practioners are because it is a qualified federal health center. Frances Nelson is paid more for Medicaid patients because it treats so many uninsured. That system will fall apart unless additional monies start coming in. Peterson noted that Frances Nelson used to have a dental program.

Rappaport articulated that one of the big problems at Frances Nelson and other dental practices is clients who are not paying often do not show up for their appointments. The CIDES program does offer management and improved efficiency. CIDES has fewer no-shows. Noshows are a classic problem in community health clinics. Being aggressive in outreach is a public health model to reach the clientele. Peterson added that clinics expect no-shows so clinics overbook or allow walk-ins for the difference. Rappaport asked why the public health district in Champaign-Urbana has been labeled as having a bad reputation for being able to provide dental services. Lenhoff said one of the reasons for the bad reputation historically is the district's inability to retain a dentist. CIDES success has stemmed from working with dentists in established practices who know how to run their office efficiently. At the public health district, the dentists get paid whether they see clients or not. This summer, the public health dentist decided not to book any new appointments until they moved into the new building. Lenhoff said it has not been a well managed facility over and over again. She further stated CUPHD has never consistently had a practice of reminding clients of appointments. Lenhoff said another problem the public health district has a bad reputation for in the community is because their front line staff are not helpful or welcoming. She felt if any private dental practice operated the way CUPHD did, it would have gone under. Lenhoff is aware the district is trying to change things. Rappaport summarized that theoretically the model could work, it just has not done so locally. Peterson declared few counties have ever tried, so it is a valiant effort. Pryde has indicated that CUPHD is able to recruit dentists now and there are possibilities. If Frances Nelson was administering the program, they could offer the participating dentists other perks, such as repayment of student loans. Peterson noted Frances Nelson could also tie dental clients into medical care much better. However, Frances Nelson is currently overwhelmed. His concern with the proposal to expand the CIDES program is that it will use more local tax dollars without getting the Medicaid reimbursement that is available. He said CIDES is a quality program and concurred that we are not coming close to meeting the need with the amount of dollars. Greenwalt wanted to assure the Board that CIDES is moving towards recouping as much Medicaid money as they can. She reiterated that the Medicaid money she estimates is being lost

144 could be as low as \$5,000. Rappaport asked why there is not collaboration between CIDES, 145 Frances Nelson, and CUPHD with each building on the strengths of the others, such as using CIDES's model to decrease the no-show rate. He wondered if CIDES could refer clients to 146 147 Frances Nelson and CUPHD as well as private dentists. Greenwalt does not think Frances 148 Nelson is interested in providing dental care. Peterson said that is unfortunate because Frances 149 Nelson are the ones who could do it right. Segal said it sounded like Frances Nelson has access 150 to the federal dollars that could take the strain off the County. Peterson agreed because Frances 151 Nelson's Medicaid reimbursement rate is much higher. Greenwalt stated the request for 152 additional money in FY2008 CIDES funding would buy hundreds of thousands of dollars in 153 care. She reiterated that CIDES is an efficient program. The Board continued to discuss dental

access in Champaign County and the CIDES program.

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Segal inquired about the proposed adult dental program. Greenwalt said the program would be a drop in the bucket, she hopes to leverage this for more services. Greenwalt was asked by Board members to develop something for adults. Rappaport asked how she would leverage more money. Greenwalt said through general support in the community and by talk to organizations they could raise maybe \$5,000 in community support. Rappaport asked if the \$50,000 would be used to target adults in families with children already enrolled in the CIDES program. Greenwalt answered that was correct. With \$50,000, she anticipated CIDES could serve 200 parents, but they did not intend to make it exclusive. Rappaport asked what the Board would be getting for spending \$250 per adult client. Greenwalt said it would be a mix of prevention and services. She was interested in the thoughts of the Board members. Rappaport was interested in prevention. Greenwalt worried that it would be aggravating to give someone a toothbrush and toothpaste but not provide crisis dental care. Peterson said he has seen a lot of adults in need of serious dental work, such as extractions and dentures, in the emergency room. If CIDES was going to provide this type of care, then the money would not cover 200 people because the work is very expensive. Greenwalt thought there is a need for more education and outreach, with \$40,000 actually going towards patient care. Her figures are based on the guess that about 100 people would receive sufficient care for \$75-\$100 dollars and they would limit the number of expensive cases. Rappaport asked how long it would take to get the program up and running. Greenwalt answered that, as proposed, CIDES could start scheduling adults at the beginning of the fiscal year. Meyers wanted to know what the Board members wanted in an adult program. For example, did they just want 200 clients to receive cleanings? Maurer asked if adults were having problems getting appointments at Parkland. Meyers replied yes, because hygienists in school need to see certain types of cases to pass. Parkland turns people away. Rappaport voiced concern about the harm in creating an adult program, only to cut it after a year because the Board of Health did not have the money for it in the future. Greenwalt noted that the adult program would only cost \$10,000 in administrative costs because it builds onto the existing CIDES program. Greenwalt will look into grants, but could not promise that they would find another funding for an adult program. Rappaport said the \$50,000 could be seed money to establish a program to have CIDES go after other money with the understanding that the Board of Health would not annually fund the program. The Board discussed setting other criteria that the adult dental would be a way to reduce the instances of severe medical cases going to the emergency rooms. McGrath advised the Board to be careful but targeting with public dollars, some could be considered to be discriminatory, like age discrimination. The Board could not limit the program to people less than 50 years of age, for example. Lenhoff said that funding an adult dental program for 1 year would be better than not funding it at all. She suggested that

adults could contribute to the cost of their care to extend the funding dollars to more clients. The Board continued to discuss the possibilities of adult dental services.

Peterson reminded the Board that they have other budget priorities that could require additional funding in FY2008 or future years, such as the new senior services program through the Regional Planning Commission. He thought if the senior services program was successful, they would be asking for more money in the next fiscal year. He noted the Board of Health is dependent on a subsidy from the County Board and he does not think the Board of Health can expect to receive the subsidy beyond 2 years from now. The previous senior program did not work, but he expects the RPC program will. The County Board will likely reduce its financial support. If the Board funds a \$50,000 adult dental program, they will have no carryover contribution in the budget this year. Then next year they could face a request to increase senior services funding and a decrease in the County Board's funding. The Board would enter into deficit spending. Rappaport suggested the Board of Health lobby the County Board to not reduce their funding. On top of what Peterson said, Rappaport expressed that he has a shaky level of confidence that the CUPHD budget for the Board this year will be the same in the next year. He really felt the Board needs to set up a process for evaluating these requests. He did not want to mislead CIDES about future funding levels and wanted to make it clear that the Board is not committing itself beyond what is contracted. Weibel could not say what the County Board will do about the Board of Health's subsidy because overall economic conditions can change.

For clarification, Rappaport asked what the Board would be getting for the extra money being requested for the children's dental access program in FY2008. Greenwalt answered that Board would be receiving more services because all the additional money would go to professional care. Rappaport asked if there was a capacity to provide more care. Greenwalt said yes, more dentists are willing to see clients. She said each \$1,000 more in funding averages to 100 more kids getting appointments, however, the exact cost for each child varies. The Board will meditate on these issues. The Board thanked the CIDES staff for attending the meeting.

Discussion of One-Time Infusion of Funding from IDPH

Rappaport initiated the discussion with the idea that the Board could choose to fund an adult dental program for 1 year with the one-time revenue from the Illinois Department of Public Health. The Board does not have to use the revenue just for a capital equipment purchase. McGrath confirmed the revenue is a general operating grant and can be used on anything the Board desires. In regards to the vehicle owned by the Board of Health, it is a 10 year old van used by CUPHD's Environmental Health Division to go on visits. Rappaport asked why the County is paying mileage for a vehicle they own. McGrath suggested bringing that up at the next meeting. Rappaport wanted the Board to entertain ideas about how to spend the IDPH money without being bound by capital equipment purchases. McGrath noted the money becomes available on December 1, 2007. The money must be spent by June 30, 2008. McGrath passed along Pryde's suggestion that the money could be spent for emergency notification licenses. Emergency equipment was purchased with the Bioterrorism Grant money. The licenses are needed to use the equipment. A license is a \$500 annual cost. The Board would continue to think of possible expenditures.

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<u>Discussion of the Current Status of the County Board's Gathering of Information</u> Concerning a Possible Merger of the Board of Health and CUPHD

Rappaport moved this item before Item F on the agenda because Weibel was present. Rappaport wished to add this item to the agenda of the next regular meeting of the Board because the discussion on this matter is only beginning. He reported that, as a result of a call from Stan James, he attended a meeting of the County Board's Policy, Personnel, & Appointments Committee. The committee discussed a possible merger between CUPHD and the Board of Health. During the meeting Rappaport, Pryde, and Carol Elliott of the CUPHD Board addressed the committee. Rappaport told the committee about that report that the Board received in 2005 entitled "Understanding the Present and Planning for the Future: An Analysis of Current Structures, Functions, Dynamics, and Options." The consultant who wrote the report recommended a study of the fiscal and legal issues involved in a merger and for the two entities to begin thinking towards a joint administrative model. Carol Elliott and Julie Pryde also attended the Policy, Personnel, & Appointments Committee meeting to express that they were not in favor of a merger. Rappaport wanted the Board to look into this issue. The Policy, Personnel, & Appointments Committee directed McGrath to research the tax and legal implications of a merger. When it is ready, McGrath can share this information with both the Board of Health and CUPHD. McGrath requested the committee give her until January to gather her report and the committee agreed. There are experts in the community and in other counties who would be instructive in the aspects of such a merger. McGrath wondered about inviting the Sangamon County Director of Public Health to talk about the merger between the county and city public health departments to the Board of Health. Maurer recommended inviting CUPHD to such a discussion. Rappaport directed an item about putting together a subcommittee about a possible merger on the October agenda.

Rappaport questioned if January was too soon to allow McGrath to prepare such a report. McGrath said the Policy, Personnel, & Appointments Committee just wants her to report on how the process has started and how she is proceeding. The Board continued to discuss and agreed to look into the possibilities of a merger. Rappaport stated the Champaign County Medical Society would likely have an opinion. Peterson noted Gowda is President of the Medical Society. He said it is a small group. The hospitals have their own problems. Carle has been expanding other services with charity care. Rappaport asked if they would see a merger as advantageous. Peterson thought they would and it could involve the clinics, hospital support, and the Medical Society. O'Rourke thought the CUPHD Board would agree to it if a merger made sense. The Board continued to discuss the possibilities of a merger.

Adjournment

Study session adjourned at 8:15 p.m.

Respectfully submitted,

Kat Bork Board of Health Secretary