

CHAMPAIGN COUNTY
Health Insurance Committee Minutes

Tuesday, March 19, 2013 – 3:00pm
Lyle Shields Meeting Room
1776 E. Washington St., Urbana, IL

MEMBERS PRESENT: Donna Blumer, Deb Busey, Barb Doyle-Little, Angela Lusk, Brian Mennenga, Michelle Mennenga, Brad Morris, Elizabeth Murphy, Amanda Tucker

MEMBERS ABSENT: Chris Alix, Brent Frye, Stan Harper, Josh Jones, Tea Jones, Debbie Mennenga, Josh Reifsteck, Ed Sexton, Steve Ziegler

OTHERS PRESENT: John Malachowski, James Billings, Linda Lane

CALL TO ORDER

D. Busey called the meeting to order at 3:07 pm.

APPROVAL OF MINUTES

Motion by Tucker to approve the minutes of January 15, 2013, as presented; seconded by Lusk. **Motion carried unanimously.**

PRESENTATION ON WELLNESS PROGRAM OPPORTUNITIES –
Gallagher Wellness Team

James Billings, Wellness Consultant with Gallagher, started by asking if anyone had heard of “Life Healthy America,” a wellness program that focuses on communities. He stated his focus is directed to employers. He noted the 2030 obesity projections and the associated costs. He said that obesity is passing tobacco for health care costs.

Billings said that the average cost to start a wellness program is usually 2% of total claims. He went over the barriers to starting a program, five essentials of well-being, current trends and the top five priority tactics.

Billings discussed the division of claims for Champaign County and noted a significant increase for per member per claim costs. He said this shows there is a need for a wellness program and that the data supports that. He also talked about the survey results. He stated that there are some programs that can be offered at no cost, such as apps or team competitions, but that having a financial incentive gets more people involved in the program. He mentioned an insurance premium decrease as a possible incentive. He explained that for a program to be successful there needed to be leadership support, the program needed to be personalized, and having a wellness committee is key. He talked about several other types of incentives as well.

Billings noted that a wellness program could be started using a multi-year strategy. He showed a case study for an organization similar to Champaign County and their impact results.

He stated that results of program participation could be tracked from year to year to see the financial impact it is having. He also stated that there are things that Gallagher can help with.

Malachowski explained that the idea of the presentation was to give the committee a lot of ideas, let them discuss the ideas, and have the group decide which direction they want to take. He noted that once the committee decides, Gallagher can then come back with specific plans. He suggested the group possibly look at specific items at the May meeting.

B. Mennenga asked what a realistic participation goal would be. Billings said that for something like screenings 30% is the average. He noted that the healthy people are more likely to do the screenings as most unhealthy people already know they are unhealthy. Busey stated that she thinks this committee is also the right group to be the wellness committee. She stated that she would like everyone to think about adding it to their scope of work.

REPORT ON FINAL CLAIMS RESULTS FOR FY2012 FOR HRA PROGRAM

Malachowski stated that the HRA claims were estimated at 20%, or about \$160,000. He said that after the three month run-out for all claims to be submitted, the total came in at just over \$143,000, or 89% of the target. He noted that this year was also set up with an estimate of 20%, which he felt was on target.

Busey stated that since the County is funding the HRA, there is now a \$17,000 surplus. She noted that the surplus allows for a bad year that might come in at 28%, but that the surplus could also be used to fund the wellness program.

HEALTH ALLIANCE EAP PROGRAMS - UPDATE

Tucker gave an overview of the EAP program that is new to the County. She noted that this is a telephonic service provided by Health Alliance for anyone over 18 years of age. She stated that an individual is allowed 6 visits per event. She also noted that if it is a problem they can't help with, they know the County plan and can tell someone where they can go to get help. Tucker said that there will be a presentation on the service at the April 3 department heads meeting and that members of this committee were invited to attend.

OTHER BUSINESS

None

NEXT MEETING

Busey stated the next meeting is Tuesday, May 21, 2013 in the Shields Meeting Room. She said she would like everyone to think about the presentation before the next meeting, bring the handout and be ready to discuss ideas.

ADJOURNMENT

Meeting declared adjourned at 4:13 pm.

Respectfully submitted,

Linda Lane
Administrative Assistant