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# C-U at Home

Pathways to Progress



Partnership to Serve the Mid-barrier Population

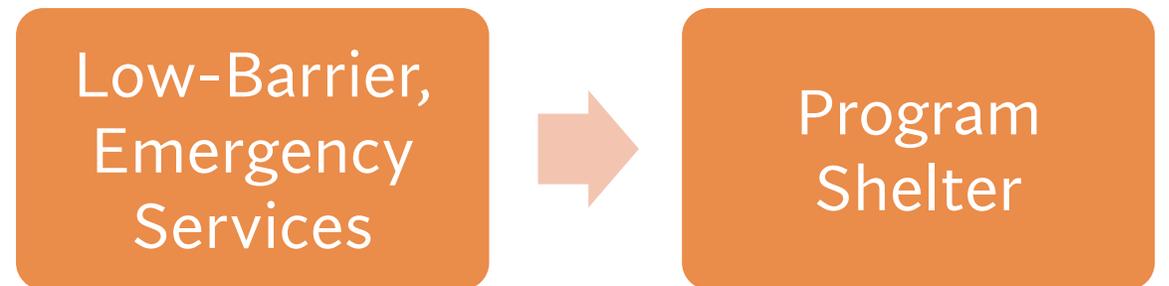
Presentation to

Champaign County Opioid Task Force

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# Pathways to Progress: A brief history



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# What is Pathways to Progress

Mid-Barrier  
Services



A program in which individuals experiencing homelessness are provided with intensive case management, basic needs are met to support stability.

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# Pathways to Progress

Advanced Shelter Services



Phase 4: Client have completed Phases 1-3 and are now ready for their next steps

# Pathways to Progress



Clients must complete an intake process



Clients must agree to participate in the CUH Shelter Program.



Clients must consistently demonstrate that they are working toward their goals.



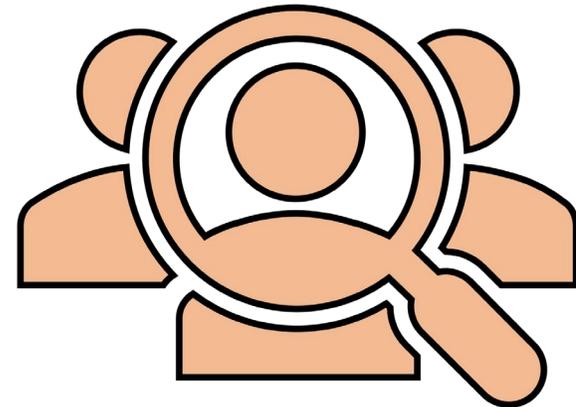
Each intake, case plan and goals are evaluated and developed on a case-by-case basis, structured to meet, and address the needs of the environment and the clients.

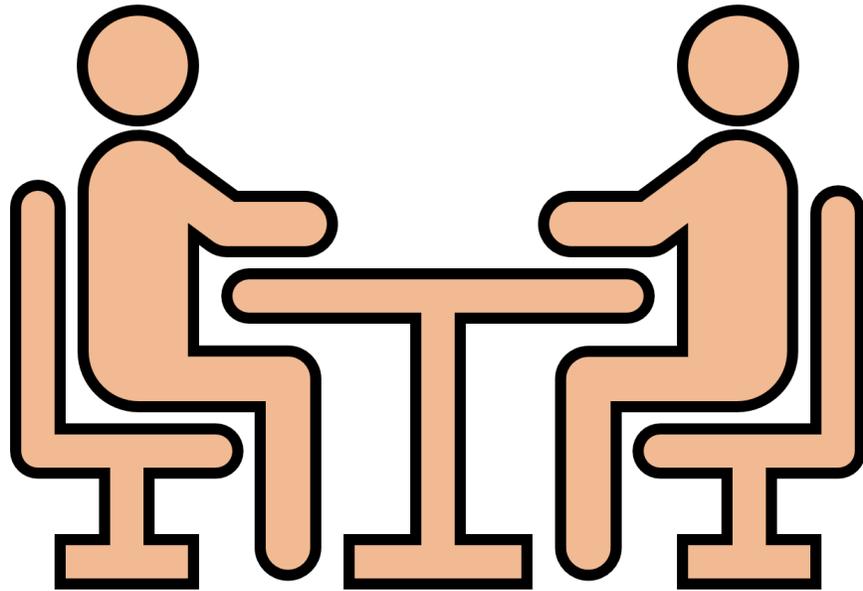
# Intake

Intake: Gathering of basic demographic information as well as the gathering of information that is relevant to determine if a client is ready for a mid-high barrier shelter stay.

Information such as

- Mental health history
- Substance abuse use
- Physical capabilities
- Criminal background





# Intensive Services

- Clients are assigned to a case management team who they have three direct contacts with each week
  - Clients receive 24/7 support from Life Skills Staff
  - Staff operate using a trauma informed care, client-centered approach
  - The team assists clients completing their Phase goals and any goals the client identifies
  - The case manager often accompanies clients to meetings and appointments in support of their goals/needs.
  - The staff to client ratio is generally lower
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# Four Phases

Each phase is progressive  
and builds on each other

Each phase requires new  
skills

Each phase promotes  
stability

# Four Phases

## Focus Points

- Substance Use Recovery
- Mental Health Assessments
- Physical Health Needs
- Financial Health Needs
- Housing Needs
- Life Skills

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# Recovery Support

## Clients must

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Complete treatment if required

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Complete an IOP

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Attend recovery support meeting

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Obtain a sponsor/recover support system

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Create a relapse prevention plan

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Maintain sobriety

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# Drug Court Partnership



PARTNERS SINCE  
2022



HOUSED 11 DRUG  
COURT CLIENTS



WRAP AROUND  
SERVICES



PROBLEM  
SOLVING MODEL



GOAL = STABILITY



Kayla and Elizabeth

# Recent Clients

For the past two years the News-Gazette Drug Court Featured Graduates were C-U at Home clients.

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# The Need Expansion of Services

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## The Need

Currently serve up to 16 mid-barrier clients in two residential homes

Need to expand to a location that can serve up to 25 clients in a trauma informed location and a step-up process

Need to have space for support groups and meetings

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# CURRENT OPPORTUNITY & PROPOSAL

## Mid-barrier Campus

1207 S Mattis Ave, Champaign

- 12,000 square feet
- Space to house Phases 1, 2, and 3 clients
- Space to house intensive case management and support group activities and classes
- Space to bring in community member to be part of a client's pathway to progress
- Space for CUH's administrative services – located in same location as program.

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# Costs to Make Campus a Reality

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Purchase price - \$1,125,000, secured \$795,000, need \$330,000

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## Financial Need

Renovation Costs - \$550,000, secured \$300,000, need \$250,000

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Annual Operating Support (excludes case management)  
\$925,000, projected revenues \$675,000,  
need \$250,000 (HACC possibly \$150,000)

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# CUH/HACC Partnership



PARTNERS SINCE 2022



COMMITMENT TO  
PROVIDE CAPITAL FOR  
CAMPUS –  
PENDING \$900,000



COMMITMENT TO  
PROVIDE TECHNICAL  
EXPERTISE TO PROJECT



COMMITMENT TO  
PROVIDE VOUCHERS TO  
CLIENTS



COMMITMENT TO  
PROVIDE ONGOING  
OPERATING SUBSIDIES –  
PENDING \$150,000

# ASK

## CUH/Champaign County Partnership



PARTNER IN 2024



COMMITMENT TO  
PROVIDE CAPITAL FOR  
CAMPUS – ASK \$580,000



COMMITMENT TO  
PROVIDE TECHNICAL  
PROGRAM EXPERTISE TO  
PROJECT



COMMITMENT TO  
PROVIDE SUPPORT FOR  
ADDITIONAL INTENSIVE  
CASE MANAGEMENT  
FUNDING AND/OR  
COLLABORATIONS



COMMITMENT TO  
PROVIDE ONGOING  
OPERATING SUBSIDIES –  
ASK \$100,000