Board of Directors Champaign County Nursing Home Urbana, Illinois July 29, 2013

Directors Present: Czajkowski, Emanuel, Hambrick, Hartke, Hodson, Maxwell, Palinkas

Directors Absent/Excused: none

Also Present: Busey, Gima, Noffke

1. Call to Order

The meeting was called to order at 6:05 pm by Vice Chair Palinkas

2. Roll Call

Busey called the roll of Directors. A quorum was established.

3. Agenda & Addendum

Agenda was approved (motion by Hodson, second by Maxwell, unanimous).

4. Public Participation

County Board Chairman, Al Kurtz wished the Board luck in the strategic planning session.

5. New Business

A brief discussion concerning the public perception of the Home's operation ensued. The Board discussed concerns regarding the public perception of CCNH and the importance of improving the Home's public image.

Gima provided a summary of the current and pending market changes, risks and opportunities that will impact CCNH including payment and health care delivery reforms. The major pending change is the implementation of the dual-eligible managed care program that is projected to start in 2014. The focus of referrals will shift from the hospitals to the health plans – Health Alliance and Molina Health Care, who will control the health care provider referrals. The Christie Clinic will be participating in a Medicare demonstration program (separate from the dual-eligible program) and will be responsible for coordinating the care of a select group of Medicare recipients.

In both programs the health plans and Christie Clinic will require relationships with SNFs. The referral process will be based on quality criteria. CCNH has been and will continue to collaborate with these entities on the referral criteria. Future trends by these providers will be a focus on care

provided at the appropriate level in the care continuum. Nursing home must be able to care for medically complex hospital transfers. Nursing home Medicare residents will see higher percentages of discharges to home, and placement of long term residents to home and community based services when appropriate.

A SWOT analysis of CCNH was conducted. The Board of Directors directed Gima to develop a set of metrics for the strategic objectives which will be presented at the August meeting.

6. Adjournment

Chair Emanuel declared meeting adjourned at 8:00 p.m.

Respectfully submitted

Scott T. Gima Recording Secretary

<u>Champaign County Nursing Home Board of Directors</u> <u>Strategic Planning Session – July 29, 2013</u> SWOT ANALYSIS

Strengths:

We have one of the newest facilities

The Nursing Home has operated without a loan from the County for 6 years

We have a long history of providing long term and skilled nursing care to the elderly in our community

Our Mission includes providing care to Medicaid (indigent) residents

Our employees are provided with good wage/benefits packages

Adult Day Care Program

Respiratory Care Services

We currently have a positive relationship with local hospitals and physicians which has increased the medical presence in our facility

Our physical plant with capacity for 240 residents gives us excess capacity to be strategically utilized and expanded

Dental Clinic with full-time dental hygienist and pro-bono dentist

Alzheimer's Unit

County subsidy

Increased medical presence

Large patient rooms

Not-for-profit

Weaknesses:

Current cash flow – lack of reserves

No marketing department

Deferred maintenance on routine maintenance needs of the facility

Current negative legacy in the community promulgated by public media coverage

Current census

Lack of DON

Don't have an identified strength which we have marketed to the community

High percentage of LPNs vs. RNs

Opportunities:

Provide luxury, private rooms – specific to Medicare recruitment

Name change – to change public perception

Fundraising and development opportunities

Baby Boomers – aging demographic

Expand to provide home care – build relationship to provide continuum of care from

facility to home and back

Provide supportive living

Respite care

Expand Alzheimer's in acknowledgment of growing need

Create a Demonstration Unit for training of new staff – where our best staff and best practices are implemented on a regular basis

Focused Medicare Unit

Threats:

Expanding market – more competition

Volatile market in Medicare

State reimbursements and rates

Lack of excess revenues

Excess bed capacity in this region

Narrow networks – always need to be positioning

Increasing use of home care vs. facility care

OBJECTIVES – 1-3 YEARS

Medical Management:

Expand Specialized Services:

- o Alzheimer's
- o Respiratory Therapy/Pulmonary Therapy
- o Rehab Services
- Wound Care Services

Increase medical presence

Nursing Management:

Improve clinical nursing skills (RNs vs. LPNs)

Collaborative training with Carle

Create Demonstration/Training Unit within the facility

DON on board

Outcome Measures:

Management inspections of operations

IDPH Scores

5-Star Rating

Increased transparency on our mission and outcomes

Readmission rates tracked and improved

Select 3-5 key objectives to improve:

- o FIM scores
- o Patient satisfaction score "would you refer?"

Financial Measures:

Improved census

Reduce operating loss

Achieve Payor mix goals

Increase in Medicare
Develop defined marketing strategy
Fund development through fundraising projects/efforts